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INTERNATIONAL CONVENTION

LONDON 2011

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INTERNATIONAL KEMPO FEDERATION  
237 ter, Avenue Sainte Marguerite, 06200 - Nice, France

# The IKF EUROPEAN KEMPO CHAMPIONSHIPS

21 – 27.October.2019  
PORTUGAL  
(VILA FRANCA DE XIRA)

Nr. 922/march, 20, 2019

To : **ALL NATIONAL KEMPO/KENPO ORGANIZATIONS**  
In attn: President / Secretary General

## OFFICIAL INVITATION

**Dear Masters,**

On behalf of the Portugal LohanTao Kempo Federation and the International Kempo Federation, we are honored to invite you to attend

### **The EUROPEAN KEMPO CHAMPIONSHIPS 2019**

organized in between  
21 – 27.october.2019  
in PORTUGAL  
(VILA FRANCA DE XIRA)

This great events will offer good opportunities to your high-class Kempo/Kenpo athletes to proudly represent your country by using their great skills competing in against the finest fighters in the world.

In the following pages you can find all the main informations about this up-coming event and how to get there.

We are looking forward to see you on the field of contest.

Secretariat,  
INTERNATIONAL KEMPO FEDERATION





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## How to Attend ?

### Step 1:

You must be or become an IKF Full-Member or Associated-Member, as follows:

- **Full-Member** (your federation is recognized by the National Olympic Committee or/and National Sport Authority, or you are a founder member of IKF).
- **Associated-Member** (your federation/organization/club/association/academy is not recognized by NSA/NOC but is legal in front of your country's laws as a sport organization).

### Step 2:

Send all the documents you consider necessary to prove your organization is legal in front of your country laws (Ex: statue, constitution, logo, ID certificate or similar, registration number, official address of organization, e-mail, website, photo of president....).

E-mail address: [amattokai@yahoo.com](mailto:amattokai@yahoo.com), [kenpofrance@yahoo.fr](mailto:kenpofrance@yahoo.fr)

### Step 3: MEMBERSHIP FEE

If you are a **Full-Member** or an **Associated-Member**, you must have paid the IKF annual membership fee of 200 Euro

### Step 4: HOTEL – LOCAL TRANSFERS – VISAS

For any registrations regarding booking hotels, local transfers or visas for entering Portugal, please contact **PORTUGAL LOHANTAO KEMPO FEDERATION**.

#### VISAS, HOTEL BOOKING & TRANSFERS

Bruno Rebelo – [lohantao.kempo@gmail.com](mailto:lohantao.kempo@gmail.com)  
P. Santos: [federacao.portuguesa.lohantao@gmail.com](mailto:federacao.portuguesa.lohantao@gmail.com)

### Step 5: COMPETITION REGISTRATION

For the registration in the competition, all competition fees and all registration lists will be sent to the INTERNATIONAL KEMPO FEDERATION, as follows:

#### COMPETITION FEES & REGISTRATION LISTS

[amattokai@frkempo.ro](mailto:amattokai@frkempo.ro), [alice@frkempo.ro](mailto:alice@frkempo.ro)

### **REGISTRATION DEADLINE**

October, 1st, 2019



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## PAYMENTS, LOCAL TRANSFERS and EQUIPMENTS

### 1. HOTELS

#### **VIP Executive Santa Iria Hotel 4\*\*\*\***

Single: 72 Euro; Double: 79 Euro

Adress: Estrada Nacional 10, 1260 | 2694-001 Santa Iria da Azóia - Portugal

Email: res.santairia@viphotels.com

#### **Lezíria Parque Hotel 4\*\*\*\***

Single: 70 Euro; Double: 75 Euro

Adress: Rua Laura Alves, 9 • 1069-169 Lisboa

Email: patricia@continentalhotels.eu

#### **Hostel DP 2\*\***

With Breakfast and dinner: 27 euros/person

Adress: Rua António Palha, nº 2 - Vila Franca de Xira

#### **Hotel São Lourenço 2\*\***

Single – 57 Euro; Double – 62 Euro; Triple – 72 Euro

Adress: Avenida Mário Mendes Delgado, 41 Porto Alto, 2135-115 Samora Correia

Tel.: (+351) 263 654 447

### 2. LOCAL TRANSFERS

- 40 Euro/person

### 3. COMPETITION FEES

- 30 Euro for the 1st division; 15 Euro for the next divisions

### 4. REGISTRATION IN THE COMPETITION:

- in Self-Defense Combat, one name can appear just in one team (one name can appear only once in Female or Male teams and only once in Mixed teams).
- if there will be less than 3 countries per weight category, the category can be merged with the next one, by the organizer;

### 5. UNIFORMS

- **Kimono japanese style : WHITE PANTS, BLACK GI JACKET, RED BELT**  
Just when on the blue corner competitors will wear blue belts.

### 6. PROTECTIVE EQUIPMENTS

The Organizer will provide **no equipments**. Each team must provide obligatory:

- Red belts, blue belts.
- Boxing gloves red/blue; MMA gloves red/blue
- Shinguards; mouthguard (mandatory in all rules where is no mask headgear).
- Headgear Red/Blue, **without mask** (mandatory for “over 16” years old).
- Headgear red/blue **with plastic mask** (mandatory for “under 16” years old).
- Body protections (vests) mandatory for “under 14 years old”.
- Groin protection; chest protection for women



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## AGE & WEIGHT CATEGORIES

### CADETS

**6 – 8 years old** (6 and 7 years old)

**8 – 10 years old** (8 and 9 years old)

**10 – 12 years old** (10 and 11 years old)

**12 – 14 years old** (12 and 13 years old)

**14 – 16 years old** (14 and 15 years old)

Weight categories: -30Kg, -35kg, -40 Kg, -45kg, -50 kg, -55kg, -60kg, -65kg, -70kg, -75kg, -80Kg, +80 Kg

### JUNIORS, YOUTHS, SENIORS, MASTERS

**- 16-18 (U18)**, athletes who have 16 and 17 y.o.

Weight cat. female: -50 kg, -55 kg, -60 kg, +60 Kg

Weight cat. male: - 55 Kg, -60 kg, -65 kg, -70 kg, -75 kg, -80 kg, +80 kg

**- Youths 18-21 (U21)**, athletes who have 18,19 and 20 y.o.

Weight cat. female: -50 kg, -55 kg, -60 kg, +60 Kg

Weight cat. male: - 55 Kg, -60 kg, -65 kg, -70 kg, -75 kg, -80 kg, +80 kg

**- Seniors and Senior Masters** (21-38 years old and +38 years old).

Weight cat. female: -50 kg, -55 kg, -60 kg, -60 Kg, +65 Kg

Weight cat. male: -60 kg, -65 kg, -70 kg, -75 kg, -80 kg, -85 kg, -90 Kg, -95 Kg, +95 Kg

### DISCIPLINES / DIVISIONS / RULES:

In the 15<sup>th</sup> IKF World Kempo Championships 2018 will be organized Traditional Kempo and Fighting Kempo divisions, as follows:

#### TRADITIONAL KEMPO

\***Kata Hard** (individual-female, individual-male, synchronized kata (teams of 3)

\***Kata Soft** (individual-female, individual-male, synchronized kata (teams of 3)

\***Weapon Kata Hard** (individual-Female, individual-Male)

\***Weapon Kata Soft** (individual-Female, individual-Male)

\***Self-Defense Combat** (1 against 1 - Female teams, Male teams, Mixed teams)

#### FIGHTING KEMPO

\***Semi-Kempo** (stand-up fighting/point-sparring/touchpointing system)

\***Full-Kempo** (full-contact stand-up fighting mixed with groundfighting no strikes, wearing boxing gloves)

\***Knockdown “+16 years old only”**: (full-contact stand-up fighting and groundfighting/MMA gloves/is not allowed punches to the head, but is allowed punches/knees/elbows to the body in the groundfighting; MMA gloves 2 oz)

\***Submission** (throws, immobilizations, locks / no strikes is allowed)

All registration lists will be send by email to:  
[alice@frkempo.ro](mailto:alice@frkempo.ro), [amattokai@frkempo.ro](mailto:amattokai@frkempo.ro)





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## OFFICIAL PROGRAMME

### 21.october.2019

Teams arrivals, hotel registration.

12:00-14:00, IKF Organizing Committee - meeting

16:00-18:00, official registration of competitors and official weigh check-in.

### 22.october.2019

Teams arrival, official registrations.

10:00-12:00 and 16:00-18:00, registration of competitors and official weigh check-in.

18:00-19:30, IKF Executive-Committee meeting

### 23.october.2019

10:00-12:00, Last teams arrivals and final registrations. Closing lists!!!

*(after this hour no competitor will be included in the EKC 2019)*

14:00-14:45, Traditional Kempo – referee course

15:00-16:00, Fighting Kempo – referee course

*(no referee or judge will be included in the EKC 2019 without attending this course).*

### 24.october.2019

07:00-08:00, Breakfast

08:00-09:00, Start to the sporthall

10:00-10:45, Opening ceremony *(all athletes must wear their Kempo Kimonos).*

11:00 – 19:00, Traditional Kempo and Submission; awardings

19:00-Start back to the hotel

### 25.october.2019

07:00 – 08:00, Breakfast

08:00 – 09:00, Departure to the sporthall

10:00 – 18:00, Semi-Kempo and Knockdown; awardings

18:00 – 19:00, Departure back to the hotel

20:00 – 21.30, IKF Meeting

### 26.october.2019

07:00 – 08:00, Breakfast

08:00 – 09:00, Departure to the sporthall

10:00 – 16:00, Full-Kempo

16:00 – 17:00, Start back to the hotel

21:00 – 24:00, Sayonara Party (for all teams from both hotels)

### 27/28.october.2019

Departure of all teams



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**National Kempo/Kenpo Organization Name:**

.....

**Country:**.....

**Team leader name:** .....

**Team leader mobile phone:** .....

**Team leader e-mail adress:** .....

## ARRIVAL

Airline name.....Flight number.....

Date of Arrival: .....Time of Arrival:.....

No. of persons:.....

## DEPARTURE

Airline name.....Flight number.....

Date of Departure: .....Time of departure.....

No. of persons:.....

## AIRPORT TRANSFERS

Our team need airport transfers for a total of .....persons.

## SPORTHALL TRANSFERS

Our team need sporthall transfers for a total of .....persons.

*Note: Please fill this form a.s.a.p. for getting a high level support from the organizing committee. If the dates and the time of arrivals are different for your team members please let us know by filling different forms.*



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Name of competitor: .....

Gender : ..... Date of Birth ..... Blood group.....

Country: .....

National Organization : .....

I, the competitor specified above, hereby declare that I have answered all questions honestly and I am fit enough to take part in this combat sport championships for that I take full responsibility for myself.

Signature: ..... Date : .....

## CONSENT OF LEGAL TUTORE :

I ....., as the legal tutore (father/mother/guardian) of the competitor mentioned above, give my consent to him to participate in this combat sport championships. I shall not hold the IKF, the organizers or any other person or organization, responsible for any accident or injury during this event.

Signature: ..... Date : .....

## CONSENT OF THE NATIONAL ORGANIZATION :

I....., as the national team leader mentioned above, give my consent to our competitor to participate and shall not hold the organizers or any other person or organization responsible for any accident or injury during this championship.

Signature:.....Organization stamp.....

## MEDICAL DECLARATION:

( To be completed by a Doctor specialized in sport activities )

I.....hereby declare that the competitor mentioned above , is in good health, without any serious illness or disease and is fit to take part in this combat sport championships.

Doctor's signature : ..... Doctor's Stamp : .....

*Note: This form must be filled for each competitor. Consent of parents mandatory „under 18” years old.*

# KEMPO

- UNIFORM OBLIGATORY FOR WEIGH CHECK-IN & OPENING CEREMONY -



Absolutely all competitors must be dressed in the official uniform at the official registration, weigh check-in, opening ceremony and competition.

No competitor will be registered without presenting at the official registration his own uniform including red and blue belts. Fighters must present also his own groin protection (male), chest protection (female) and mouth guard.



# KEMPO

- UNIFORM OBLIGATORY FOR TRADITIONAL KEMPO & SUBMISSION -



# KEMPO

- uniform & equipments -

## TRADITIONAL KEMPO & SUBMISSION



## KNOCKDOWN



## SEMI-KEMPO & KEMPO KUMITE (under 16 years old)



## SEMI-KEMPO & FULL-KEMPO (over 16 years old)



## FORBIDDEN !!!

(subject of disqualification)



# **NOT ALLOWED!!!**

( SUBJECT OF DISQUALIFICATION )

- \* not allowed groin & breast protection over the uniform
- \* not allowed different color protections





EUROPEAN

# KEMPO

CHAMPIONSHIPS



24 | 25 | 26 October

EUROPEAN IKF  
CHAMPIONSHIP 2019

Pavilhão Multiusos - Vila Franca de Xira

