



# The 13th IKF WORLD KEMPO CHAMPIONSHIPS

and  
WORLD KEMPO KIDS OPEN CUP

17-23.april.2016  
Bucharest - Romania

Nr. 782 / 01.march.2016

To : **All National Kempo/Kenpo Organizations**  
In attn: President / Secretary General / Masters

## OFFICIAL INVITATION

Dear Colleagues,

On behalf of the International Kempo Federation and Romanian Kempo Federation, we are pleased and honored to invite you to

**"The 13th IKF - World Kempo Championships"**  
and  
**"The World Kempo Kids Open Cup"**

in the beautiful city of **Bucharest-Romania**, during **17-23.april.2016**.

This great events will offer good opportunities to your high-class athletes to represent proudly your country by using their great skills competing in against the finest amateur fighters in the world.

In the following pages, you can find all the main informations about this up-coming event and how to get there.

Looking forward to see you on the field of contest,

**ERIC LA ROCCA**

Secretary General  
International Kempo Federation



**AMATTO ZAHARIA**

President  
Romanian Kempo Federation





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INTERNATIONAL CONVENTION

LONDON 2011

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237 ter, Avenue Sainte Marguerite, 06200 - Nice, France

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17-23.april.2016  
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## How to Attend ?

In order to compete in „The 13th IKF World Kempo Championships & World Kempo Kids Open Cup 2016” you must follow and respect strictly the following steps:

### Step 1:

You must be or become an IKF member by one of the following ways:

- **Full-Member** (You represent a national Kempo/Kenpo federation recognized by the National Olympic Committee or/and National Sport Authority, or you already received the IKF Full-Membership recognition by attending for 5 years consecutive the IKF's events. The annual IKF membership fee of 200 Euro it will be paid at arrival in Romania.

- **Associated Member** (In your country there it doesn't exist any Kempo organization recognized by NSA or/and NOC; you represent a national Kempo/Kenpo organization being not recognized by the National Olympic Committee or/and National Sport Authority, but you are legal in front of your country's laws as a sport combat organization). The annual IKF membership fee of 200 Euro it will be paid at arrival in Romania.

### Step 2:

All members (Full-Members and Associated Members) who didn't do it until now, must send urgent to IKF Administration Office, by e-mail and also by post-mail, all the documents legalized/notarized you consider necessary to prove your organization is legal in front of your country laws (Ex: statue, constitution, logo, ID certificate or similar, registration number, official address of organization, e-mail, website, photo of president....).

**E-mail address :** [amattokai@yahoo.com](mailto:amattokai@yahoo.com) and [kenpofrance@yahoo.fr](mailto:kenpofrance@yahoo.fr)

**Post-mail address:**

Mr. Amatto Zaharia

International Kempo Federation

(Executive-President office)

Bd. Marasesti 76, sector.4 , Bucharest – Romania

Facebook: Amatto Zaharia, Mobile : 004-0723.38.48.24

### Step 3:

Please ask the romanian embassy or consulate in your country in order to find if you need entry visa for **Romania**. The countries who need **visa for Romania** will receive all official documents they may need just after sending 25% advance payment for hotel booking to:

**FEDERATIA ROMANA DE KEMPO**

Adress: str.Padurea Craiului 1, bl.B2, ap.92, sector 3, Bucharest-Romania

CIF / CUI : 25209410

IBAN CODE: RO11RNCB0074108134650005 **EUR**

Bank: BCR Sucursala Sector3

SWIFT CODE: RNCBROBU, BIC CODE: RNCB

For all **informations, visas requirements, hotel booking and registration lists** of your athletes, please contact:

**Mrs. Claudia Ilie**

Secretary of the organizing committee

Email: [secretariat@frkempo.ro](mailto:secretariat@frkempo.ro)





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## 1. ACCOMODATION

### Option 1: RIN GRAND HOTEL, 4\* hotel (official hotel)

Hotel adress: 7D Vitan Barzesti Street, Bucharest - 4, 042121, Romania

Hotel website: <http://grand.rinhotels.ro/>

#### Price:

- SGL / single room (1 person in room): 80 Euro/person/day;
- DBL/ double room (2 persons in room): 60 Euro/person/day;

#### The price includes :

- Breakfast & dinner 4\*
- Wi-Fi
- Sayonara Disco-Party (inside of the Rin Grand Hotel) – free of charge

*Attention!!! **RIN GRAND HOTEL** is the only official hotel of the WKC 2016. All official meetings, registrations, referee courses, parties, will be held in this hotel. All reservations for the hotel will be made just thru the organizer (IKF) and not directly to the hotel. The penalty will be 100 Euro/person for not respecting this rule. The distance between hotel and sporthall is no more than 10 min by walk.*

### Option 2: FUNNY TIME HOTEL, 2\*

Hotel adress: 7D Vitan Barzesti Street, Bucharest - 4, 042121, Romania

Hotel website: <http://grand.rinhotels.ro/>

#### Price:

- DBL/ double room (2 persons in room): 15 Euro/person/day;

The price includes: accomodation

Sayonara Disco-Party: RIN GRAND HOTEL – 25 Euro/person (*at request*)

## 2. AIRPORT TRANSFERS: 20 Euro/person

These prices includes transfers from the airport to the hotel and transfers from the hotel to the airport.

#### Note:

- *airport transfers is provided just for flight arrivals and departures till hour 23.00.*
- *in case of loosing the bus transfers, you can take a regular taxi which is very safe and cheap (the medium price is no more than 20 Euro/taxi one way).*

## 3. PARTICIPATION FEE for athletes living in the official hotel (RIN GRAND)

- 25 Euro/athlete/division

Exemple: 25 Euro/Semi-Kempo, 25 Euro/Full-Kempo, 25 Euro/Knockdwon, 25 Euro/Submission, 25 Euro/Kata and so on.

## 4. PARTICIPATION FEES for athletes living in other hotels

- 40 Euro/athlete/division

Exemple: 40 Euro/Semi-Kempo, 40 Euro/Full-Kempo, 40 Euro/Knockdwon, 40 Euro/Submission, 40 Euro/Kata and so on).







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Bucharest - Romania

## SCHEDULE

### 17.april.2016

Teams arrivals, hotel registration.

16:00 – 18:00 , official registration of competitors and official weigh check-in.

### 18.April.2016

Teams arrival, official registrations.

10:00 – 12:00 and 16:00 – 18:00, registration and official weigh check-in.

18:00 – 19:00, Referee and Judge Course (session 1)

20:00 – 21:00, Dinner

*Note: no referee or judge will be included in WKC 2016 without attending this course.*

### 19.April .2016

Last teams arrival and final registrations.

10:00 – 13:00, Last registration (*After this hour no competitor will be registered*)

18:00 – 19:00, Referee and Judge Course (session 2)

19:00 – 20:00, IKF meeting (all team leaders, officials, coaches, referees)

20:00 – 21:00, Dinner

### 20.April.2016 - championships

08:00 – 09:00, Breakfast

09:00 – 09:30, Start to the sporthall (5-10 min by walk)

10:00 – 18:00, Traditional Kempo and Submission Kempo championships; awardings

18:00 – 19:00, Opening ceremony (*all athletes must wear their Kempo Kimonos*).

19:00 – Start back to the hotel

20:00 – 21:00, Dinner

### 21.April.2016 - championships

08:00 – 09:00, Breakfast

09:00 – 09:30, Start to the sporthall (5-10 min by walk)

10:00 – 18:00, Semi-Kempo and Knockdown championships; awardings

18:00 – Start back to the hotel

19:00 – 20:00, IKF General Assembly 2016

20:00 – 21:00, Dinner

### 22.April.2016 - championships

08:00 – 09:00, Breakfast

09:00 – 09:30, Start to the sporthall (5-10 min by walk)

10:00 – 16:00, Full-Kempo championships; awardings.

16:00 – Start back to the hotel

21:00 – 24:00, Sayonara Disco-Party in RIN GRAND HOTEL

### 23/24.April.2016

Departure of all teams.





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# The 13th IKF WORLD KEMPO CHAMPIONSHIPS

(16-18, 18-21, 21-38 and +38 years old)

17-23.april.2016

Bucharest - Romania

## FIGHTING KEMPO

### Divisions/Rules

- Ñ **Semi-Kempo** (stand-up fighting/touchpoint system);
- Ñ **Submission** (throws, immobilizations, locks / no strikes is allowed);
- Ñ **Knockdown** (full-contact stand-up fighting and groundfighting/MMA gloves/is not allowed punches to the head , but is allowed punches/knees/elbows to the body in the groundfighting);
- Ñ **Full-Kempo** (full-contact stand-up fighting mixed with groundfighting without strikes in ground; boxing gloves);

### Age categories

- Ñ **Juniors: 16-18 years old** (16 and 17 y.o.)
- Ñ **Youths: 18-21 years old** (16 and 17 y.o.)
- Ñ **Seniors: 21-38 years old** (21 till 38 y.o.)
- Ñ **Senior Masters: +38 years old** (over 38 y.o.)

### Weight categories

- Ñ **Female:** -50 Kg, -55 Kg, -60 Kg, -65 Kg, -70 Kg, +70 Kg
- Ñ **Male:** -60 Kg, -65 Kg, -70 Kg, -75 Kg, -80 Kg, -85 Kg, -90 Kg, -95 Kg, +95 Kg

### Registration rules in Fighting Kempo

- Ñ Youths 18-21 years old can compete in Seniors divisions;
- Ñ One country can register a maximum of 2 athletes per category/division;
- Ñ One fighter can compete in all divisions;
- Ñ Categories less than 3 countries will be merged automatically in the next one;

## TRADITIONAL KEMPO

### Divisions/Rules

- Ñ **Kata** (Female, Male)
- Ñ **Weapon Kata** (Female, Male)
- Ñ **Self-Defense Combat** (1 vs. 1 / Female teams, Male teams, Mixed teams)

### Age categories

- **Juniors (16-18 y.o.):** athletes who have 16 till 18 y.o.
- **Seniors (18-38 y.o.):** athletes who have 18 till 38 y.o.
- **Senior Masters (+38 y.o.):** athletes who have over 38 y.o.

### Registration rules in Traditional Kempo

- Ñ One country can register a maximum of 3 athletes per Kata and Weapon Kata;  
(*Exemple: 3 athletes in kata male, 3 athletes in weapon kata male, and so on*);
- Ñ One country can register a maximum of 3 teams per Self-Defense division;  
(*Exemple: 3 Female Teams, 3 Male Teams and 3 Mixed Teams*);
- Ñ One name can appear only in one team/category  
(*Exemple: one male can appear only in one male team and only in one mixed team*);
- Ñ The age of defender (uke) decides the age of category;





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# The 13th IKF WORLD KEMPO KIDS OPEN CUP

(10-12, 12-14, 14-16 years old)

17-23.april.2016  
Bucharest - Romania

## FIGHTING KEMPO

### Divisions/Rules

- Ñ **Semi-Kempo** (stand-up fighting/touchpoint system);
- Ñ **Submission** (throws, immobilizations, locks / no strikes is allowed);
- Ñ **Knockdown** (full-contact stand-up fighting and groundfighting/MMA gloves/is not allowed punches to the head , but is allowed punches/knees/elbows to the body in the groundfighting);
- Ñ **Full-Kempo** (full-contact stand-up fighting mixed with groundfighting without strikes in ground; boxing gloves);

### Age categories

- Ñ **Kids II: 10-12 years old** (10 and 11 y.o.)
- Ñ **Kids I: 12-14 years old** (12 and 13 y.o.)
- Ñ **Cadets: 14-16 years old** (14 till 16 y.o.)

### Weight categories

- Ñ **Female:** -35, -40, -45, -50, -55, -60, +60 Kg;
- Ñ **Male:** -35, -40, -45, -50, -55, -60, -65, -70, -75, -80, +80 Kg;

### Registration rules in Fighting Kempo

- Ñ One country can register an unlimited number of athletes per category/division;
- Ñ One fighter can compete in all divisions;
- Ñ Categories less than 3 countries will be merged automatically in the next one;

## TRADITIONAL KEMPO

### Divisions/Rules

- Ñ **Kata** (Female, Male)
- Ñ **Weapon Kata** (Female, Male)
- Ñ **Self-Defense Combat** (1 vs. 1 / not important the gender)

### Age categories

- Ñ **Kids II: 10-12 years old** (10 and 11 y.o.)
- Ñ **Kids I: 12-14 years old** (12 and 13 y.o.)
- Ñ **Cadets: 14-16 years old** (14 till 16 y.o.)

### Registration rules in Traditional Kempo

- Ñ One country can register an unlimited number of athletes per Kata/Weapon Kata;
- Ñ One country can register an unlimited number of teams per self-defense division;
- Ñ One name can appear only in one team per age category;
- Ñ The age of defender (uke) decides the age of category;





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17-23.april.2016  
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## GENERAL RULES OF ORGANIZING

### REFEREES & JUDGES

- In order to act as an referee in the IKF competitions your candidate must be licensed and authorized by the IKF, after attending the official referees course.
- Each country must bring inside of the WKC-2016 at least one referee .

**Note:** *The country who will not bring inside at least 1 authorized referees **will have no right to contest** the referees/judges decisions during the tournament.*

### UNIFORM

#### **- Kimono : WHITE PANTS, BLACK GI JACKET, RED BELT**

Just when on the blue corner competitors will wear blue belts. During the whole WKC-2016 (opening ceremony, staying and waiting their turn, competing, being awarded ....), all the competitors must wear the official IKF kimono. On the Gi jacket and on the pants can be posted the patch/logo of the national organization, stripes with the national flag colours or/and the IKF patch without any restrictions.

**Note:** *Absolutely ALL COMPETITORS must come at the weigh check-in and must stay in the line at the opening ceremony wearing official IKF uniform required. Each competitor will be registered in the competition just by presenting at the weigh check-in his own kimono very clean and in a very good shape, including also his own red belt and blue belt. All competitors must take care of their hygiene by having nails short cutted, clean body and no piercings. No competitor will be allowed to register without having his own uniforms. No teams will be registered without presenting protective equipments for at least half of the team..*

### PROTECTIVE EQUIPMENT

#### **1. The Organizer will provide NO PROTECTIVE EQUIPMENTS.**

2. Each team must provide obligatory for their athletes:

- Red belts, blue belts
- Boxing gloves 8 oz., Red/Blue (Semi-Kempo and Full-Kempo)
- MMA gloves red/blue (mandatory in Knockdown Kempo)
- Shinguards (mandatory in Semi, Full and Knockdown)
- Mouthguard (mandatory in all rules where is no mask headgear).
- Headgear Red/Blue, **without mask** (mandatory for "over 16" years old).
- Headgear red/blue **with plastic mask** (mandatory for "under 16" years old).
- Body protections (vests) for "under 16".
- Groin protection for men "+16 y.o." (mandatory in Semi, Full and Knockdown).
- Chest protection for women (mandatory in Semi, Full and Knockdown).

**Attention!!!:** *All the equipments must be provided by any supplier company but it is obligatory to follow very strictly the general lines of models presented in annexures.*







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**National Kempo/Kenpo Organization Name:**

.....

**Country:**.....

**Team leader name:** .....

**Team leader mobile phone:** .....

**Team leader e-mail adress:** .....

## ARRIVAL

Airline name.....Flight number.....

Date of Arrival: .....Time of Arrival:.....

No. of persons:.....

## DEPARTURE

Airline name.....Flight number.....

Date of Departure: .....Time of departure.....

No. of persons:.....

## AIRPORT TRANSFERS

Our team need airport transfers for a total of .....persons.

*Note: Please fill this form a.s.a.p. for getting a high level support from the organizing committee. If the dates and the time of arrivals are different for your team members please let us know by filling different forms.*







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**National Kempo/Kenpo Organization Name:**

.....

**Country:**.....

**Team leader name:** .....

**Team leader mobile phone:** .....

**Team leader e-mail adress:** .....

For attending the IKF World Kempo Championships and Cup 2016,  
our national organization needs the following number of rooms as foloows:

## **RIN GRAND HOTEL, 4\***

**SGL (single room/ 1 person in room):**

Number of rooms: .....

Date/ check-in :..... Date/ check-out :.....

## **DBL (double room / 2 persons in room):**

Number of rooms: .....

Date/ check-in :..... Date/ check-out :.....

## **FUNNY TIME HOTEL, 2\***

**DBL (double room / 2 persons in room):**

Number of rooms: .....

Date/ check-in :..... Date/ check-out :.....

Signature ( team leader ) .....

Stamp (national organization).....





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Name of competitor: .....

Gender : ..... Date of Birth ..... Blood group.....

Country: .....

National Organization : .....

I, the competitor specified above, hereby declare that I have answered all questions honestly and I am fit enough to take part in this combat sport championships for that I take full responsibility for myself.

Signature: ..... Date : .....

## CONSENT OF LEGAL TUTORE :

I .....,  
as the legal tutore (father/mother/guardian) of the competitor mentioned above, give my consent to him to participate in this combat sport championships. I shall not hold the IKF, the organizers or any other person or organization, responsible for any accident or injury during this event.

Signature: ..... Date : .....

## CONSENT OF THE NATIONAL ORGANIZATION :

I.....,  
as the national team leader mentioned above, give my consent to our competitor to participate and shall not hold the organizers or any other person or organization responsible for any accident or injury during this championship.

Signature:.....Organization stamp.....

## MEDICAL DECLARATION:

( To be completed by a Doctor specialized in sport activities )

I.....  
hereby declare that the competitor mentioned above , is in good health, without any serious illness or disease and is fit to take part in this combat sport championships.

Doctor's signature : ..... Doctor's Stamp : .....

*Note: This form must be filled for each competitor. Consent of parents mandatory „under 18”years old.*



# KEMPO

- UNIFORM OBLIGATORY FOR WEIGH CHECK-IN & OPENING CEREMONY -



Absolutely all competitors must be dressed in the official uniform at the official registration, weigh check-in, opening ceremony and competition.

No competitor will be registered without presenting at the official registration his own uniform including red and blue belts. Fighters must present also his own groin protection (male), chest protection (female) and mouth guard.

# KEMPO

SEMI-KEMPO & FULL-KEMPO  
(under 16 years old)





# KEMPO

SEMI-KEMPO & FULL-KEMPO  
(over 16 years old)



# KEMPO

- UNIFORM OBLIGATORY FOR TRADITIONAL KEMPO & SUBMISSION -



# KEMPO

KNOCKDOWN  
(over 16 years old)



# **NOT ALLOWED!!!**

( SUBJECT OF DISQUALIFICATION )

- \* not allowed groin & breast protection over the uniform
- \* not allowed different color protections

