

**INTERNATIONAL KEMPO FEDERATION**  
Hungarian Kempo Association

Presents

**The XI INTERNATIONAL KEMPO OPEN CHAMPIONSHIP**  
**( IN MEMORIAN MASTER FERENC JUHÁSZ )**



**Date: 05 -07th April 2013**  
**Százhalombatta**  
**HUNGARY**

## **INFORMATION:**

**In this year our championship is held as an World Kempo Cup where everybody can participate from the age of 06.**

**During this long weekend the competitors can try their fall with each other.**

**Every starter has to carry a red or blue belt at the time of him entering the event (it may be own, or by way of the organizing committee).**

**He has to figure in the form clothing suiting the called team's member entering all of them, a style on the competition.**

**There may be depth and a breast defender under clothing only to wear.**

**To get dressed only it dressingroom maybe!**

**The fight competitions we set up a preparation planche, which the next competitor has to occupy,. If the competitor is not there and at the time of the call, it does not step onto the planche adversary the winner.**

**The technical events are held on Friday.**

**The fighting events have the meaning part on Saturday (Chikara Kurabe, Light contact) and Sunday (Knock Down, Full „B-A” contact, MMA, Breaking test).**

**You can register from Thursday(04) 16.00 – 20.00 in the your accomodation.**

**You can make your weigh on Friday (05) between 14.00 and 18.00 hours in the place of the competition as well.**

**You can see lot of photos in our website: [www.hungariankempo.hu](http://www.hungariankempo.hu).**

**I would like to ask every teamleader to download our registration application form and after filling it send it back to us. If you got such an application form in email that is good as well.**

**WE CANNOT ACCEPT REGISTRIES MADE IN THE PLACE OF THE COMPETITION!**

**Two other people can enter the place of the fightings per every registreted teams. In addition after every 5th registreted Budoka you get a complimentary ticket!**

**We can give these to you only if your registrations are OK!**

**I wish to every budoka efficient preparation and good luck!**

**Ádám I. Lacza  
President of HKA**

**Organizer:** Dojo Lovász SKE  
**Patron:** Hungarian Kempo Association.  
**Place:** Százhalombatta, Sporthall  
**Adresse** Hungary, Százhalombatta, Vasút u 41.

**Program:**

04. 04. 2013. Thursday Arrivel, chekking: 00.00 p.m.- 24.00 p.m.  
05. 04. 2013. Friday Door oppening: 08.30 a.m.  
Ceremonial oppening: 10.00 a.m.  
Technical divisions: 10.30 a.m. – 06.00 pm,  
Weighting 02-06 pm  
06. 04. 2013. Saturday Sparring first day: 09.30 a.m.– 07.00 p.m.  
(Chikara Kurabe, Ligth contact)  
07. 04. 2013. Sunday Sparring second day: 09.30 a.m.  
(Knock Down., Full „B-A” contact, MMA, Breaking test)

**Final results continually after the divisons.**

**Starting conditions:** Valid medical certificate  
Written entry  
acceptance of the competition terms

Charging:

**Technical and Fighting divisions:**

I. place: cup, diploma.  
II. III. place: medal, diploma  
IV. place diploma

**Team:**

I. II. III. place: cup, diploma.  
IV.-VI. place: diploma



**Team result calculation: acquired score divided by the team staff numbers.  
we count the team result after 8 team members**

**Lodging a protest:** In 15 minutes time, written file to the main referee  
Fee: 5000,-Huf

**Entry fee:**

Children, Junior –	first number	20,- Euro
	others following	10,- Euro each
Adults, Senior -	first number	30,- Euro
	others following	10,-Euro each

Entry after the deadline can be expected only after paying 10,- Euro / person

**The appointed (closing) time of entry:** 20. 03. 2013.

Email : [shihan@hungariankempo.hu](mailto:shihan@hungariankempo.hu)

# Events, groupings

**Technical divisions:** Kata (soft, hard), Weapon kata, Synchronize kata (3 members), Self-defence.

**Grouping:**

**By age:** 06-08, 09-11, 12-14, 15-17, 18-34, 35-44, 45+  
**groups:** beginner(-30 mounts), advanced (+30 mounts), master( braun, black belts)

**By age** Breaking( Temashiwara)  
15-17(-60 kg, +60 kg), 18-44(-80 kg, +80 kg). +45 absolut

**Sparrings:** age group: weight:

<b>Chikara Kurabe „C“:</b>	age of 06-08	-25, 30, 35, + 35 kg
	age of 09-10	-45, 50, 55, 60, + 60 kg
	age of 11-12	-45, 50, 55, 60, + 60 kg
	age of 13-15	-50, 55, 60, 65, + 65 kg
<b>C.K. „C“ junior:</b>	age of 16-17	-57, 63, 69, 76, 84, 93 kg +93kg
	<b>Chikara Kurabe „B“:</b> age of 18-34	-57, 63, 69, 76, 84, 93, 103, +103 kg

<b>Light contact</b>	age of 06-08	-25, 30, 35, + 35 kg
	age of 09-10	-45, 50, 55, 60, + 60 kg
	age of 11-12	-45, 50, 55, 60, + 60 kg
	age of 13-15	-50, 55, 60, 65, + 65 kg
	<b>junior:</b> age of 16-17	-57, 63, 69, 76, 84, 93 kg +93kg
<b>adult:</b> age of 18-34	-57, 63, 69, 76, 84, 93, 103, +103 kg	
<b>senior:</b> age of 35-44	-63, 69, 76, 84, 93 kg +93kg	
<b>veteran:</b> above age of 45	-63, 69, 76, 84, 93 kg +93kg	

<b>Knockdown:</b>	<b>junior:</b> age of 14-15	-50, 55, 60, 65, + 65 kg
	age of 16-17	-57, 63, 69, 76, 84, 93 kg +93kg
	<b>adult:</b> age of 18-34	-57, 63, 69, 76, 84, 93, 103, +103 kg
	<b>senior:</b> above age of 35	-63, 69, 76, 84, 93 kg +93kg

<b>Full contact:</b>	<b>junior</b> age of 14-15	-50, 55, 60, 65, + 65 kg
	age of 16-17	-57, 63, 69, 76, 84, 93 kg +93kg
	<b>adult:</b> age of 18-34	-57, 63, 69, 76, 84, 93, 103, +103 kg
	<b>senior:</b> above age of 35	-63, 69, 76, 84, 93 kg +93kg

**Full contact „A“:** age of 18-34 -57, 63, 69, 76, 84, 93, 103, +103 kg

**MMA (amatur):** age of 16-17 -57, 63, 69, 76, 84, 93, 103, +103 kg  
age of 18-34 -57, 63, 69, 76, 84, 93, 103, +103 kg

**MMA (profesional):** age of 18-34 -57, 63, 69, 76, 84, 93, 103, +103 kg

**The right of the contraction of the divisions and the performance of the divisions is held up by the board of the competition. The performance of the age groups are determined by the date of the birth!**

## Overview of the events

**Kata:** Performance in accordance to the style.  
The general impression will be scored.

**Soft:** china and kick boxing katas

**Hard:** japan's okinawa's style

**Synchronized Kata:** Three persons performing the same kata at the same time

**Armed kata:** With any kind of eastern weapons or things, that can be used as a weapon (eg. Umbrella, bag...etc.).  
The general impression will be scored.

**Self-defense:** 6 attacks reflecting life; 1 punch, 1 kick, 1 attack with equipments (knife, bo, bottle), 1 gripping and another 2 chosen free

**Breaking ( Temashiwara):** Power breaking with hit. Material: wood  
Legal technics: Fist (seiken, tettsui), open hand (shuto, haito).  
Prohabited technics: elbow(empi)

### **Sparrings:**

#### **Chikara Kurabe „C”**

Children: 3X1 minute 1. Round hitting, kicking  
2. round throwing only  
3. round fight on the ground only

– juniors are allowed to use technics like choking, tensing

Junior: 3X2 minute Chikara Kurabe „C”

Adults: 3X2 minute Chikara Kurabe „B”

First round: leg, body&head can be attacked

Second round: body&leg can be attacked with hitting, kicking by/  
from gripping only

Third round: fight on ground; leg and body can be attacked

Prohibited: 1.r. – kneeknicking of the head, throwing, tensing and every  
technics with elbow

2.r. – to attack the head with hitting, knicking and fight on ground

3.r. – to attack the head with hitting, knicking; to stand up

Compulsary protecting equipments: 10 oz. Gloves, suspensor, teeth- Protector ( at  
children&junior head- and footprotector)

**Light contact:** kick-boxing combat with thigh kicking

Running time: 1X2 minute, final 2X2 minute

Prohibited: technics of elbow, kneeknicking, throwing (except  
egsweaping), Tensing

Compulsary protecting equipments: 10 oz. Gloves, suspensor, teeth-, footprotector (by  
children&junior headprotector)

**Full contact „B”:** Full power fight at beginner level (2X2 minute)

Prohibited: technics of elbow, kneeknicking of the head, fighting on the ground  
beyond 10 seconds, to fight back from lying, to attack the lying with hitting,  
kicking

Compulsary protecting equipments: 10 oz. Gloves, suspensor, teethprotector

## **Full contact „A”: ( for professional competitors)**

Round time: 3X2 minutes with 1 minute long rest

Applicable technics:

- Frontal and cyclic hits to the available parts of the body
- Frontal and cyclic kicks to the available parts of the body with down flexed foot, floor
- Frontal, down lined or cyclic elbow and knee technics to the available parts of the body with catching, to the head without catching.
- Chokings and stretches standing (to the opponent lying on the ground as well),
- Every regular throwing technics,
- Hitting and kicking the opponent got to the ground with maximum 2 technics until the referee's judgement.

You have 5 seconds to carry out choke and straining. After having carried out the technics you have another 5 seconds to finish it which is indicated by the referee's raised hand. If you cannot complete the technics by this time the sparring continues on foot. Competitors got to the ground can attack the opponents with kicks, hits and grips.

The fact of lying on the ground: the competitor is fixed on three points to the ground.

Forbidden technics:

- striking with palm of the fist or the thumb part of the fist
- striking with open hand,
- striking with joint or yoke,
- a heading,
- a clamping,
- groundtechnics over 10 seconds,
- valid technics without dynamics and power control or don't achieve a minimal technical

standard.

Kicks and strikes can be carried out with full power to the valid places because it is a living combat.

Forbidden areas of the body to strike:

- throat, eyes, loin, backbone, crag.

Forbidden actions in the contest:

- using any forbidden technics,
- attacking forbidden areas,
- direct kicks (mae-, yoko-, ushiro geri) to the cheeks,
- attacking after the referee says „STOP!”,
- turning,
- escape, falling to the ground without any reason,
- using the cord of the box ring to hold up the opponents,
- speaking,
- unfair behaviour

Protector equipments

Compulsory equipments:

- mitten ( only 10 oz), teethprotector (unless using scrum cap with bars),
- suspensor for men and chestprotector for women,

Permitted, but not compulsory equipments:

- shank protector, knee protector, elbow protector, ankle rubber, bandage, scrum cap.

**Knock Down:** Full power fight at advanced level (3 minute)

Prohibited: fighting on the ground beyond 10 seconds  
Attacks to the head with punch and frontal kick  
Gripping at a stand beyond 5 seconds  
Attacks with knee and elbow while gripping  
Attacking the opponent lying on the ground

Compulsary protective equipments: suspensor, teeth protector, closed feet guard, shinguard. By girls and women hard chest guard

### **MMA: (professional, amateur)**

Professional round time: 2X5 minutes with 1 minute long rest,

Amateur round time: 3X3 minutes with 1 minute long rest

Final round time: 3X5 minutes with 1 minute long rest

Clothing:

- short pants (box, thai box, MMA pants) and naked top body.
- short pants (box, thai box, MMA pants) and gi top (with belt).
- gi
- pants of gi and naked top body.

Important condition! If the who is gi is afraid carries a top, the gi may apply it choking, concerned these can be applied. Catches/throws equally useful the her gi.

Compulsary protective equipments:

MMA/grappling sparring gloves, teeth protector, suspensor  
in amateur: head protection.

Permitted, but not compulsory equipments:

shank protector, knee protector, elbow protector, ankle rubber, bandage, scrum cap.

Applicable technics:

Frontal and cyclic hits to the available parts of the body

Frontal and cyclic kicks to the available parts of the body with down flexed foot, floor

Frontal, cyclic elbow and knee technics to the available parts of the body to the head with or without catching.

Chokings and stretches standing (to the opponent lying on the ground as well),

Every regular throwing technics,

To throw the attacked competitor into a side direction with even foot picking,

Onto the land an adversary, standing one leaped from a situation onto an attackable body and foot, with a hit, a kick,

An adversary's head leaped down only then onto the land attackable, if both competitors are on the land.

Forbidden technics:

striking with palm of the fist or the thumb part of the fist

a heading,

a clamping,

valid technics without dynamics and power control or don't achieve a minimal technical standard.

Kicks and strikes can be carried out with full power to the valid places because it is a living combat.

to attack the head of the man lying on the ground with foot,  
dropping elbow hits,  
spine stretching,  
reaching into body slots, bite, pinch.

A valid technique and the not finished land fight catch a dot in the act of all of them in the course of the assessment. Knockout, you are sending on his case automatically the end of the match.

- One point:     - the hits onto a head and a body,  
                  - the jumper hits onto a head and a body, the kicks onto a body, a thigh,  
                  - throw with a small arc  
                  - the foot sweeping,  
                  - onto land conduction.
- Two points:   - the kicks onto a head,  
                  - the jumper kicks onto a body,  
                  - long-pitched throw.
- Three points: -the jumper kicks onto a head,  
                  - reckoning onto the adversary.

**More information:** [www.hungariankempo.hu](http://www.hungariankempo.hu)

**Technical meeting&review of the rules:**

for the team leaders 20 minutes before the competition

Also please notify in advance if you request a transfer from and to the airport.

**Accomodation:** 35 euro / night/ person (with half board)

Hotel \*\*\*

from sporthall: about 8 min.

Young Hostel 15 euro/night from sporthall: about 8 km  
Százhalombatta, Hungary

Please sign up in time  
**till 28th February 2013.**

Greetings:

Ádám I. Lacza

**Mr. Ádám I Lacza**  
**President of**  
**Hungarian Kempo Assiciation**

Shihan Gábor Lovász

**Mr. Gábor Lovász 6.Dan**  
**Vicepresident of the H.K.A.**